

## YRMC Volunteers have Team Spirit!

Our annual volunteer recognition luncheon was held on April 14th. Our Homecoming theme gave us an opportunity to see many pictures of our volunteers during their high school years.

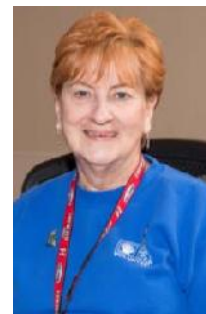
What fun it was to have so many volunteers share pictures and stories.



**Sandy Perriera**  
East Campus  
Volunteer of the Year



**Gunnar Ohlson**  
West Campus  
Volunteer of the Year



**Dottie Zobitz**  
Sandy Zinn Martin  
Award Winner

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**108,683**

The total number  
of volunteer hours  
for 2015

**35**

The most years of service  
from a volunteer,  
Dorothy Kalabus

**14,921**

The most hours  
from a volunteer,  
Marlene Beasley

*How incredibly generous!!!*

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### Milestone awards

#### Volunteers with over 20 years of service

Mary Lou James   Peter Lupescu   Phyllis Lupescu  
Fred Poppe   Joan Stinstrom   Pat Ware

#### Volunteer with over 25 years of service

Georgie Halliburton

#### Volunteer with over 35 years of service

Dorothy Kalabus

This long term service is beautiful testimony to the commitment we enjoy seeing every day.

See insert for additional pictures from the event

*“Compassion is the ultimate expression of your highest self.”*

*- Russell Simmons*

## New Electric Carts for our Passengers



Our drivers on both campuses are thrilled with our new electric carts for our Courtesy Cart Service. They have shared that passengers have had many positive comments such as enjoying the quiet ride with no gas fumes. Because they are neon green, they have been affectionately named “Shrek” for the East Campus and “Kermit” for the West Campus. Hitch a ride to experience this first hand!



## Gift Shop Update

The Gift Shops at YRMC recognize the hard work and dedication of all our volunteers. Going forward, all YRMC volunteers will receive an automatic discount of 10% on any one item purchased in the Gift Shops valued at \$9.99 or more. No more searching for coupons or having to ask for a discount. This offer is limited to one item per day and cannot be used for Logo Wear purchases or fresh flowers. Some exclusions may apply and the discount may not be combined with any other offer or on sale items.



Thank  
you!

**Our sincere thanks to all of the volunteers on BOTH campuses who have been enduring construction challenges that have created a lot of noise, the need to provide alternate routes for escorting, and more!**

**On the East Campus renovations are being accomplished in the Pronghorn and Quail Rooms and on the West Campus the flooring is being replaced in the lobby area.**

**Everything they are experiencing and doing to lend extra help to our visitors is greatly appreciated!**

## Volunteer Services is on Facebook!



*If you are on social media ... check us out on the YRMC Facebook page. We are now submitting pictures and brief notes about our volunteers.*

The easiest way to find YRMC on Facebook is to go to [www.yrmc.org](http://www.yrmc.org). Scroll down to the bottom of the home page and click on the Facebook logo.

We are open to your ideas for upcoming features – please let us know!

Thanks to all our volunteers to date who have agreed to be included.



**Tessa Gillette  
New West Campus  
Gift Shop Coordinator**

I recently was hired as the new Gift Shop coordinator after managing the Well Being Department at New Frontiers for over 16 years.

I am thrilled to join YRMC and have many great ideas and goals for the Gift Shop.

I am an avid supporter of animal causes and I actively breed and compete with American Quarter Horses. I am a lover of all animals. I also love living a healthy lifestyle and enjoy nature and being outdoors.

*Welcome Tessa!*



Three of our volunteers, Jean Dennison, Yvonne Gerber and Freddi Davis, recently traded in their *volunteer blues* for black and white apparel to help serve for a Provider EMR event.

How wonderful to have willing volunteers assist at YRMC sponsored special events.

**Volunteer Recruitment Notes**

*For your consideration ....*

**New Volunteer Referral Program:** *Word of mouth* is our best recruitment tool; therefore, if you have a friend or relative that you think would enjoy volunteering, please send them our way. We will thank you for the referral with a Gift Certificate.

**Community Presentations:** Periodically we do presentations for church and community groups about our program. We also present information on the health benefits of volunteerism and our File of Life Program. If you have a group that may benefit from a presentation, please see our staff for presentation ideas and details.

**Celebrate Life Expo:** Mark your calendars for Saturday, May 21st. Volunteer Services will be participating in the Celebrate Life Expo from 10 a.m. - 2 p.m. at the Gateway Mall along with many YRMC departments and other community organizations. This is a great event; if you attend, please stop by our booth to say hello!



**Check out the YRMC Newsroom**

Our website ([www.yrmc.org](http://www.yrmc.org)) offers many resources and one that captured the attention of a couple of volunteers recently was the *Your Healthy Kitchen* program. The host for this program is Rita Carey Rubin who is a Registered Dietician and Certified Diabetes Educator at YRMC. She offers easy, affordable ways to incorporate healthy eating into anyone's lifestyle. Topics include Cooking with Herbs, Batch Cooking, Cooking to Prevent Cancer, Grilling Veggies and several shows with local guests who share their favorite recipes. Free, downloadable recipes, links and nutrition tips are also on the website:

[www.yrmc.org/healthconnect/your-healthy-kitchen](http://www.yrmc.org/healthconnect/your-healthy-kitchen)

New shows are added regularly. Enjoy!





## AWARDS LIST

Volunteers Awarded During  
January, February, and March 2016

### 100 Hour Patch

Fabio Allodoli  
Joanne Ames  
Dale Avery  
Chuck Barsamian  
Linda Carter  
Mady Cianfrani  
Sally Craner  
Sheldon Crook  
Leigh Downing  
Frank Finley  
John Hardy  
Barbara Hein  
Randy Hepperle  
Evan Johnson  
Paulette Knickerbocker  
Mary Litchfield  
Pat Lundblad  
Bette Matero  
Randy Meyers  
Lucie Morvay  
Pat Norris  
Gary Quiring  
Zelda Quiring  
Pete Ramos  
Charles Rosenberg  
Michael Secrest  
Janet Shields  
Janet Smith  
Karen Solomon-Healey  
Jack Stanton  
Cindy Walker  
Gary Walker

### 200 Hour Pin

Bonnie Hobday  
Steve Joannes  
Michael LeBlanc  
Hugo Malanga  
Jim Matakovich  
Peg Miller  
Lois Peck  
Alfred Perryman  
Kathy Stephens  
Cory Willis

### 350 Hour Bar

Ben Blanck  
Charlene Guderian  
Nancy MacGuinness  
Richard McBride  
Adrienne Morrison  
Vicki Petosa  
Dave Rallo  
Jim Stoner

### 500 Bar

Teddy Boast  
Kim Haugen  
Carol Henson  
Kay Jones  
Fran Mammenga  
Steve Maslansky  
Al Melendez  
Caroline Mendez  
Rob Petrocci  
Dolores Tomlinson  
Judy Tuggle  
Anne Twente  
Anna Winans

### 850 Hour Bar

Jan Deremo  
Shirley Perryman  
Rich Schoen  
Jerry Wardlow

### 1000 Hour Bar

Andrea Bell  
John Darden  
Anna Jensen  
Jo Kading  
Josh LaRue  
Augie Martone  
Jackie Ricciuti  
Jackie Wardlow  
Kathleen Williams

### 1500 Hour Bar

Pam Hodge  
Lola Ommen  
Rod Rodriguez  
Judy Sulu  
Bobbie Tyler

### 2000 Hour Bar

Sue Cholewa  
Joe Hubbs  
Virginia Soutar  
Rachael Vogel

### 2500 Hour Bar

Peggy Moore

### 3500 Hour Bar

Sandy Perriera

### 5500 Hour Bar

Pat Ware

### 6500 Hour Bar

Milt Dalson

### 5 Year Pin

Phyllis Davis  
Gloria Green  
John Kinsley  
Launa Stan  
Robert Williams  
Anna Winans

### 10 Year Pin

Wilma Conklin  
Sharon Cunningham  
Lloyd Ewart  
Sara Franklin  
Yvonne Gerber  
Mary Jo Hulse  
Marc Jones  
Steve Lessard  
JoAn Oberg  
Anne Ollermann  
Sandy Perriera  
Nancy Peterson  
Rod Rodriguez  
Dick Rosa  
Rhoda Willis

### 15 Year Pin

Milt Dalson

### 20 Year Pin

Julie Kuzia  
Maggie Weaver

## ***Congratulations and Thank You!***

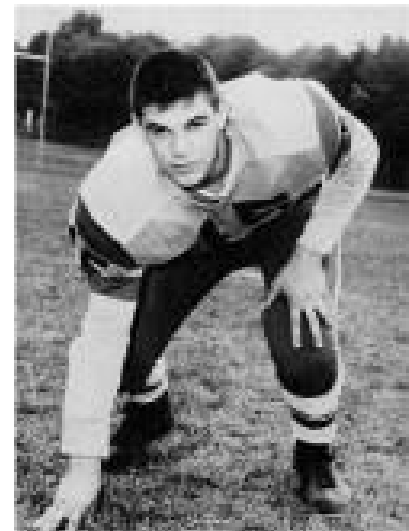
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***Volunteer Services West Campus - Prescott 928-771-5678 / East Campus – Prescott Valley 928-442-8678.***

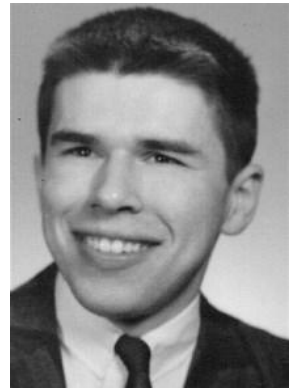




# YRMC High's Homecoming







*Go Team!*

