

# The Pulse

Yavapai  
Regional  
Medical  
Center

Volunteer Services Newsletter

July, 2018

## Volunteers' Memory-Catcher Stories

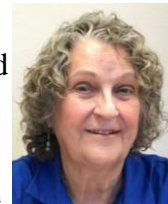
### "75 Years of Building a Great Community Hospital"

We are always thrilled when we hear YRMC volunteers' memories of the early days at YRMC. We recently interviewed four volunteers with fascinating stories and there will be more to come! You can view their interviews, as well as other Memory-Catcher videos, at [yrmchealthconnect.org/category/memory-catcher](http://yrmchealthconnect.org/category/memory-catcher).

**Esther Houston, Volunteer since 2003:** During World War II, before Yavapai Regional Medical Center existed, Esther frequently visited her mother who was director of the Yavapai County Healthcare Clinic. Her mother's dedication to underserved patients with tuberculosis, stroke and other illnesses inspired Esther to become a nurse herself and work alongside her mother at the clinic in the 1950s. Marriage and raising a family in Michigan and Phoenix took her away from Prescott for 30 years, but she never forgot her love of serving in a hospital setting. Esther was a long time volunteer serving in our PAWS Program.



**Dorothy Kalabus, Volunteer since 1980:** As an officer on the Women's Auxiliary Board in the '70s and '80s, Dorothy and other members allocated funds from annual Gift Shop and baby photo sales to help YRMC enhance healthcare services in the community. Examples of purchased items included a Holter electrocardiogram, xeromammography equipment, and a baby scale. A particularly noteworthy item for Dorothy was the purchase of a baby monitor because her grandson was one of the first newborns at YRMC to need it. In her 38th year of volunteer service at YRMC, Dorothy enjoys greeting visitors and patients at the Information Desk in the main lobby.



**Yvonne Whitehouse, Volunteer since 2007:** Yvonne has worked in the Endoscopy Department for 11 years, transporting as many as 15 patients a day from procedure rooms to the main lobby where they wait for their rides home. She says she finds something interesting about each and every person she helps. Some like to chat and all are hungry after fasting for the better part of 24 hours. It's a busy job, but she enjoys the interactions with patients. One time, she wheeled the wife of a community member right up to a gentleman she thought was the patient's husband because their last names looked very similar. Patient and gentleman said in unison, "That's not my husband/wife," and they all enjoyed a good laugh.



**Fern Cole, Volunteer since 2001:** Fern volunteers as an Ambassador and through her visits she has heard many fascinating stories about the Prescott Community Hospital when it was located on Grove Avenue (where Prescott College is now located): one woman said that her baby was born at that location; a man said he was the last baby to be born there; and a retired nurse told her she was working there when the building burned down and how they successfully evacuated patients to safety. Another woman said she was one of three people who signed the document to create Prescott Community Hospital which later became YRMC.



At the same time that YRMC volunteers give so much of themselves every day, they have expressed that their lives have been enriched by hearing and sharing stories such as these.



YAVAPAI REGIONAL  
MEDICAL CENTER  
YESTERDAY • TODAY • TOMORROW  
1943-2018

*Many thanks to the wonderful YRMC Volunteers!*

## Save the Date

### YRMC Employee / Volunteer Picnic September 15th

More information will be sent this summer



John & Pat Brunett pictured here  
from last year's picnic

## Next Quarter's *Exceptions* to our Uniform Policy

*... giving you a break from your  
"volunteer blues"*

**Labor Day week  
August 27 - September 3rd**

*Wear red, white and blue*



## New Volunteer Areas of Service

We are happy to have our Art Program back again with the addition of our new volunteer, Shirley Sakaguchi. Visitors not only enjoy her creations, but also benefit from the stress-relieving distraction that this affords.



## Annual Volunteer Meetings and Reorientation



**Pictured here are our Gift Shop volunteers who attended their annual competency and reorientation meeting in May.**

*For those of you who have attended this year ... thank you.*

*For those of you who will meet soon or later this year,  
we appreciate your attendance.*

As you may know, these meetings are a necessary requirement from our governing agencies and they also follow best practices for hospital volunteer programs nation-wide. We hope you find them meaningful; more than once we've heard that volunteers enjoy the opportunity to meet others who serve in their same areas, adding their paths rarely cross since they volunteer on different days.



Thank you for helping us to check off a  
*big* item on our to-do list!



Patricia Vullo has been staffing the reception desk in the Del Webb building. She stated that although it may not be the busiest area of service, when visitors come in, she knows she's needed. She added that she enjoys the opportunity to build new relationships with those who visit.

**"We don't set out to save the world; we set out to wonder how other people are doing and to reflect on how our actions affect other people's hearts."  
– Pema Chodron**

## Worth mentioning ....



**John Peters** recently served as a volunteer Guardian for an Honor Flight with his neighbor, Malcolm, who is a Korean War Veteran. Malcolm happens to be the husband of one of our former volunteers, Wendy. Coincidentally John met another volunteer, **Diane Terry**, who was also serving as a Guardian on this flight. Neither one of them knew the other was a YRMC Volunteer!

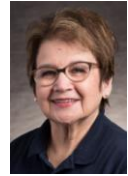
We have had a number of our volunteer veterans who have taken part in this program to view *their* memorials in Washington DC.



**Lewis Aul** competed in the Clay Target Program in March. At the state championships he became the 2018 Arizona Bunker Trap State Champion and Arizona Junior Olympic Runner-up. As of this printing, Lewis is now finalizing his itinerary to represent the State of Arizona at the National

Championships at the USA Olympic Range in Colorado Springs, CO in late June.

**Janet Shields** recently received the Professional Educators Award and was inducted into the Yuma County Educators Hall of Fame.



**Oatley Johnson** recently published a book, "Pain, Power & Promise."



**Diana Taylor** co-authored a book, "Combat Trauma: The Spousal Response to PTSD."

**Lindsey Smith** was accepted into the Radiology Program at Yavapai College. This highly competitive program only accepts 12 students from a large number of applicants.

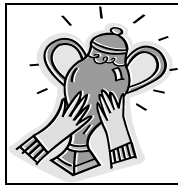


**Chevelle Stanley** was one of 20 students in the state of Arizona to receive the President's Education Award for Outstanding Academic Excellence.

**Barb Jezior** is considered a hero by a local family after she was able to successfully dislodge a food item from a choking toddler. Barb happened to be at a neighborhood gathering when the child's parents urgently called for help. Thanks to Barb's medical training as a long-time RN, she was able to react quickly. Barb will be recognized for her heroic actions from the Central Arizona Fire and Medical Authority.



*We enjoy hearing about your significant endeavors - please keep sharing these with us!*



## AWARDS LIST

### Volunteers Awarded During April, May, June 2018

**100 Hour Pin**  
 Rene Anthony  
 Cameron Barkley  
 Elizabeth Bower  
 Katie Bower  
 Nance Busboom  
 Denice Caywood  
 Sue Craft  
 Gary Duemling  
 Tanya Engelby  
 Mike Franklin  
 Carol Gilson  
 Hayden Harris  
 Valerie Horner  
 Moira Jacobson  
 Peter Jensen  
 Janet Johnson  
 Peggy Littrell  
 Bob Meadowcroft  
 Carol Mitchell  
 James Pena  
 Debbie Putman  
 Carolyn Rondou  
 Lindsey Smith  
 Chevelle Stanley  
 Joan Stempski  
 Allan Steves  
 Sandy Stoner  
 Heather Torrance  
 Michael Willahan

**200 Hour Pin**  
 Shirley Atencio  
 Steve Baker  
 Tyna Barkley  
 Debbie Behrends  
 Justin Durham  
 Cathy Farrell  
 Wayne Freeman

Debra Granger  
 Kirk Johnson  
 Carrie Knickerbocker  
 Bob Krause  
 Debbie Morreim  
 Rosalie Pszenny  
 Staci Robbins  
 Sam Sammarone  
 Carol Shepherd  
 Judy Stapleton  
 Sharon Stuczynski  
 Maria Torres  
 Ruth Wilson  
 Joan Woods

**350 Hour Bar**  
 Carl Anderson  
 Diana Ashby  
 Sally Craner  
 Chris DeWitt  
 Bob Dressler  
 Gary Jenkins  
 Shannon Malone  
 John Pollastro  
 Gary Quiring  
 Luz Rocha  
 Maria Sancho  
 Rick Smith  
 Charlotte Weasea

**500 Hour Bar**  
 Dale Avery  
 Conway Campbell  
 Dora Carter  
 Bob Coyne  
 Sandy Coyne  
 Vicki Foley

Jackie Gallant  
 Jeff Haub  
 Joan Hill  
 Bea Jensen  
 Pat Lundblad  
 Karen Solomon-  
 Healey  
 Joyce Wise

**850 Hour Bar**  
 Barry Bolt  
 Judith Greenwald  
 Don Hesson  
 Steve Maslansky  
 Ron Phillips

**1000 Hour Bar**  
 AnnaMarie Ansbach  
 Pat Brunett  
 Bob Darnell  
 LeeAnn Kipp  
 Fran Mammenga  
 Joan Meyers  
 Carl Shulak  
 Harvey Smith

**1500 Hour Bar**  
 Andrea Bell  
 Bob Herrick  
 Janet Shields  
 Anne Twente  
 Joyce Whitman

**2000 Hour Bar**  
 Norma Edwards  
 Dick Looney  
 Rod Rodriguez  
 Buz Williams

**2500 Hour Bar**  
 Judith Hopkins  
 Brenda Rosa

**3000 Hour Bar**  
 Rich Schoen  
 Kris Trainor

**3000 Hour Bar**  
 Jan VanDaalen

**3500 Hour Bar**  
 Peg Rhodes

**6000 Hour Bar**  
 Pat Ware

**5 Year Pin**  
 Sonia Clarke  
 Dan Farkas  
 Kay Jones  
 Caroline Mendez  
 Vicki Petosa  
 Sam Sammarone  
 Frank Vullo

**10 Year Pin**  
 Larry Christensen  
 Ron Everist  
 Bryan Stamp

**15 Year Pin**  
 Susan Anderson

**20 Year Pin**  
 Marlene Beasley

**25 Year Pin**  
 Jane Jackson

## ***Congratulations and Thank You!***

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