



# YAVAPAI REGIONAL MEDICAL CENTER

Department of Preventive Medicine

## Outpatient Diabetes Education Program\*

This is a physician referred program. Please speak with your physician about your participation.

### Our comprehensive program includes:

- Diabetes self-management training group classes
- Individual medical nutrition therapy session with a dietitian
- Follow-up individual sessions as needed
- Individualized diabetes management appointments with a registered nurse
- Insulin injection training
- Insulin pump and continuous glucose monitoring training

We are pleased to provide quality educational programs at the lowest possible cost. Please contact us for current pricing.

We also encourage you to contact your insurance carrier to verify if this program is a covered service. **This is a Medicare reimbursed program if you meet certain Medicare requirements.**

\*The Yavapai Regional Medical Center Outpatient Diabetes Education Program has been Recognized by the American Diabetes Association for Quality Self-Management Education.

**We are pleased to offer these programs at convenient locations in Prescott and Prescott Valley. For more information, please contact:**

### PRESCOTT

YRMC Pendleton Center  
Phone: (928) 771-5794  
Fax: (928) 771-5351

### PRESCOTT VALLEY

YRMC Del E. Webb  
Outpatient Center  
Phone: (928) 759-5920  
Fax: (928) 759-5984



\*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education.