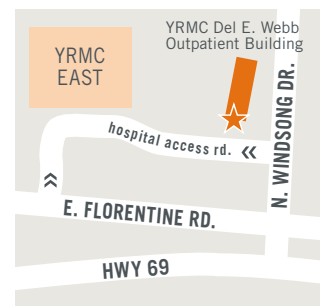




Visit YRMCHealthConnect.org
 Yavapai County's leading healthcare blog for health and wellness news from Dignity Health, Yavapai Regional Medical Center.

Advanced Wound Care at Dignity Health, YRMC
 YRMC Del E. Webb Outpatient Building
 3262 N. Windsong Drive
 Prescott Valley, AZ 86314
 (928) 771-4788
DignityHealth.org/YRMC



Advanced Wound Care

Our wound care experts are here to help.



Healing chronic and hard-to-heal wounds for healthier living.

Chronic and hard-to-heal wounds can use a helping hand. Dignity Health, Yavapai Regional Medical Center's (YRMC) Outpatient Wound Care Program includes expert clinicians who utilize evidence-based strategies to develop personalized treatment plans for patients who endure the pain, discomfort and uncertainty of chronic and hard-to-heal wounds.

Our highly specialized, multidisciplinary team includes:

- Physicians and advanced practitioners with specialized wound care and hyperbaric medicine training
- Registered nurses certified in advanced wound care
- Certified hyperbaric technicians

Our holistic approach to treating hard-to-heal wounds may also include a consultation with one of the many clinical experts at YRMC, including:

- Infectious disease specialists to assist in the management of difficult, unusual or complicated infections.
- Venous disease experts to assist in the identification and treatment of vein disease.
- Certified diabetes educators to address long-term and acute complications related to diabetes.

Our team focuses on wounds that do not respond to standard treatment, including:

- Arterial Ulcers
- Diabetic Ulcers
- Infected Wounds
- Gangrene
- Non-Healing Surgical Wounds
- Pressure Ulcers
- Radiation Tissue Damage
- Skin Grafts or Skin Flaps with Complications
- Venous Stasis Ulcers (leg or foot ulcers)



Hello humankindness®

Customized therapies to meet your individual needs

Working in partnership with your referring physician, our team will design a treatment plan to promote long-term healing and health. Our process begins with a comprehensive consultation with an advanced wound care expert that includes:

Step One: Conducting a thorough medical history focused on health problems that may contribute to non-healing wounds, such as diabetes, peripheral vascular disease and autoimmune disorders.

Step Two: Assessing lifestyle factors to learn about diet, daily activities, physical activities and other health habits.

Step Three: Examining the non-healing wound and possibly obtaining tissue and bone biopsies to determine if there is an infection present. If biopsy results reveal an infection, hyperbaric oxygen therapy and antibiotic treatment may be prescribed. Laboratory, imaging and vascular studies may also be ordered.

Armed with this critical information, we develop a customized care plan that is shared with you and your referring physician. Customized services may include:

- Compression Therapy
- Debridement
- Hyperbaric Oxygen Therapy (HBOT)
- Offloading

Throughout your treatment, you and your referring physician will receive treatment updates, including photos to track the healing process. When your treatment ends, your referring physician will receive a final report.



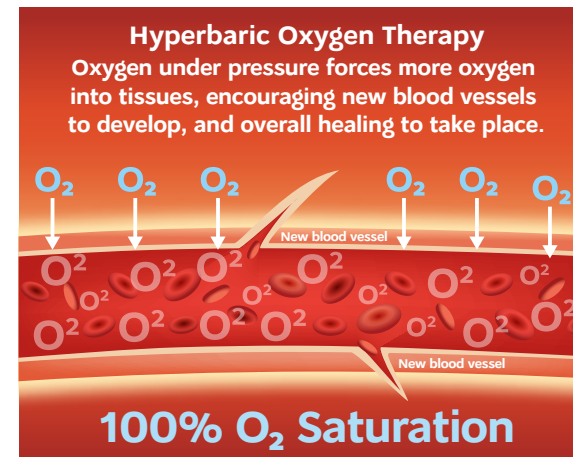
Accelerating healing with Hyperbaric Oxygen Therapy (HBOT)

Advanced Wound Care at Dignity Health, YRMC is home to the region's only Hyperbaric Medicine Program that includes two monoplace hyperbaric oxygen chambers.

How does Hyperbaric Oxygen Therapy work?

The answer is in the word itself, which translates to "increased" (hyper) and "pressure" (baric). At sea level – normal atmospheric pressure – people breathe

approximately 21 percent oxygen. In a hyperbaric oxygen chamber, patients breathe 100 percent oxygen which saturates the circulatory system to promote faster and more efficient healing.



What does an HBOT treatment session include?

It's a painless process that includes slowly increasing the oxygen pressure to three times the normal air pressure. During this time, you may experience slight pressure in the ears, similar to an airplane during take-off or landing.

- Your blood carries the oxygen throughout your body, fueling the release of natural healing properties.
- HBOT sessions usually last for two hours. During the therapy sessions, you may comfortably watch a television program, a movie, or even sleep.

Start Your Treatment.

It's easy to work with our advanced wound care team. Our clinicians and staff focus on your healing, comfort and convenience.

- We assist with your insurance coverage review and prior authorization.
- Our convenient location offers plenty of parking with easy access to our facility.
- A referral from your physician is necessary to schedule an appointment. Please arrive 15 minutes early for your first appointment and remember to bring identification and your insurance card.
- Please allow approximately two hours for your first appointment.
- Be sure to ask us about our on-line patient portal, YRMCCareConnect.org. This is a great way to stay connected to your care team from anywhere you have an Internet connection.



For appointments or other information, please call (928) 771-4788. Visit us online at DignityHealth.org/YRMC.

