



Conveniently Located with Friendly Service

PHYSICAL REHABILITATION SERVICES

Our therapists provide advanced care from well-equipped outpatient rehabilitation centers with convenient access and plenty of parking.

To schedule an appointment, please call:

IN PRESCOTT: (928) 771-5131

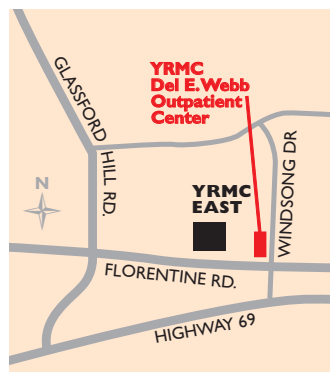
IN PRESCOTT VALLEY: (928) 759-5940

Two convenient locations:



**Physical Rehabilitation
at the YRMC Wellness
Center**

**1112 Iron Springs Road
Prescott**



**Physical Rehabilitation
at the YRMC Del E.
Webb Outpatient
Center**

**3262 Windsong Drive
Prescott Valley**



A Stronger You
with YRMC Physical
Rehabilitation Services

**Physical Therapy • Occupational Therapy
Speech Therapy • Massage Therapy**

Our state-of-the-art environments feature the latest healing technology, including the **AlterG® Anti-Gravity Treadmill** that is available at our Wellness Center in Prescott.



**YAVAPAI REGIONAL
MEDICAL CENTER**

Proudly Caring for Western Yavapai County



**YAVAPAI REGIONAL
MEDICAL CENTER**

Don't Settle for Anything Less than YRMC

When choosing a physical rehabilitation center for your care, make sure that you receive the personal attention and expertise you deserve.

At YRMC you will spend your full appointment with a trained and licensed therapist – not a therapy aide or technician.



Your YRMC therapist will work exclusively with you to instruct and guide you toward reaching your treatment goals – through the duration of your recovery.

We use proven outcome measures to evaluate and demonstrate your progress from the start of treatment to the completion of your therapy.



The Distinct Advantages of YRMC PHYSICAL REHABILITATION



When illness, injury or natural processes such as aging and childbirth affect your ability to meet the physical demands of daily life, we can help. Our team of rehabilitation specialists will work closely with you to create an individualized treatment plan to deliver proven and effective care with a warm smile and a gentle touch. We never lose sight that it is our privilege to care for you and your comfort and peace of mind are always our primary concern.

Our Expertise Includes:

Orthopedic Rehabilitation

- Sports and Injury Rehabilitation
- Total Joint Replacement Rehabilitation
- Hand Therapy and Customized Splinting

Neurological Rehabilitation

- Parkinson's Disease Interdisciplinary Clinics, Rehabilitation and Exercise Group Classes
- Stroke and Traumatic Brain Injury Rehabilitation
- Swallow and Voice Therapy
- Vestibular (Balance) Rehabilitation
- Daily Living and Self Care Skills

Occupational Medicine

- Back-to-Work Rehabilitation
- Functional Capacity Evaluations

Massage Therapy

- Individualized Therapeutic Massage

Women's Services

- Pregnancy and Post-Partum Rehabilitation
- Women's Continence Program
- Lymphedema and Edema Management
- Breast Surgery Recovery Program

Chronic Pain Education Classes

Conveniently Located with Superior Service

Our therapists provide advanced care from state-of-the-art environments with convenient access and plenty of parking to get you in and out easily. We will work closely with you to expedite the scheduling process. In fact, we see most patients within 72 hours and can accommodate urgent scheduling when necessary. We can also help with any prior authorization that your health plan may require.