



What does collaboration mean to our team?

It means working together to provide you excellent care. Whether your healing journey begins with our Neurosurgical Medicine or our Physiatry team, you'll find we:



- Collaborate to ensure you receive the treatment that's best for you and your diagnosis
- Coordinate necessary imaging and other diagnostic studies
- Inform you of all of your treatment options
- Address urgent surgical needs quickly
- Support you as you get back to what you enjoy doing

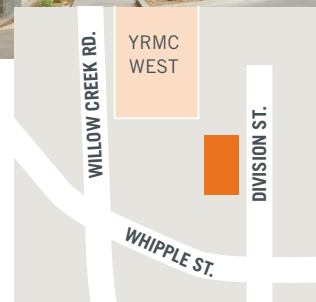
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Yavapai County's leading healthcare blog for health and wellness news from Dignity Health, Yavapai Regional Medical Center.

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 **Dignity Health.**
Yavapai Regional Medical Group

Neurosurgical Medicine and Physiatry

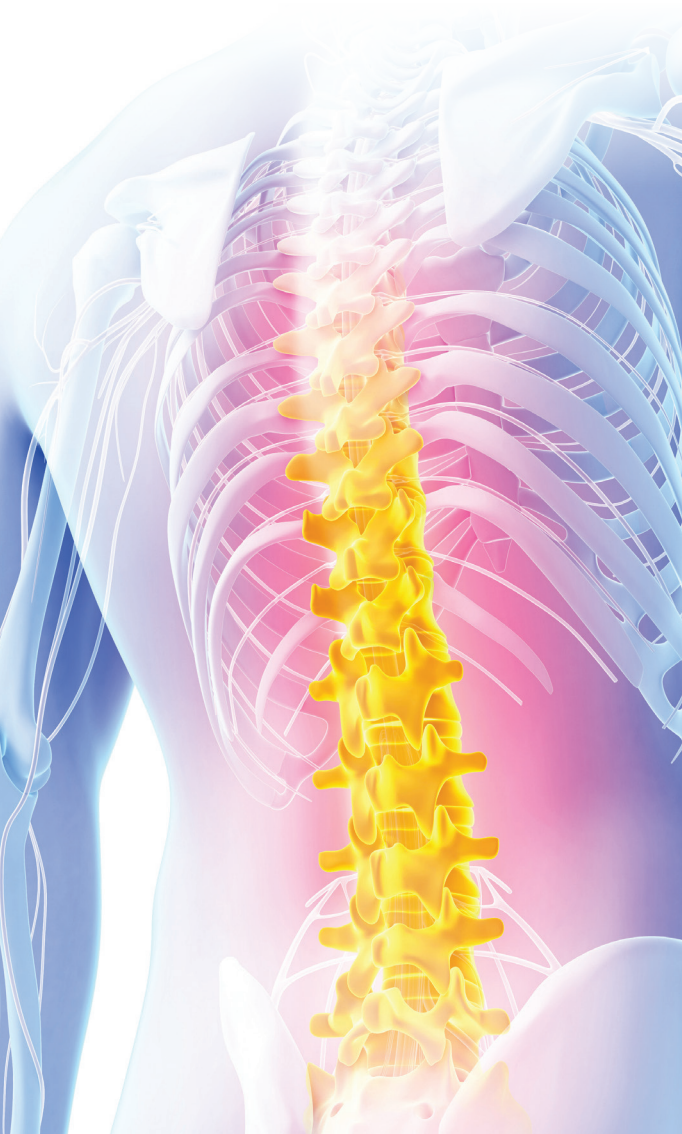
We've got your back, and much more.

 **Dignity Health.**
Yavapai Regional Medical Group



Comprehensive, complementary and state-of-the-art care.

Just as our brain and spine have different but equally essential functions, so do the neurosurgical and physiatry teams at Dignity Health, Yavapai Regional Medical Group (YRMG), Neurosurgical Medicine and Physiatry (also called the Spine Center). Our highly skilled medical professionals work together to provide you exceptional care in these two companion fields.



Neurosurgical medicine

Our neurosurgical experts diagnose and treat disorders of the central nervous system – the brain and spinal cord – as well as the peripheral nervous system, the nerves outside the brain and spinal cord. They also treat injuries, illnesses and degenerative disorders related to the spine.

Individual treatment plans – based on your diagnosis, overall health and more – incorporate the latest minimally invasive procedures or most advanced neurosurgical solutions. Our neurosurgical team treats:

- Brain and spinal tumors
- Low back pain
- Neck pain
- Neurotrauma
- Spinal diseases
- Spinal disorders
- Spinal pain

Physiatry

This medical specialty – also called physical medicine and rehabilitation – takes a holistic approach to treatment. It begins with our physiatry team identifying the cause of your pain and how it's impacting your body—brain, bones, joints, muscles, nerves and spinal cord.

This comprehensive assessment is followed by the development of a treatment plan designed to improve mobility, function and quality of life.

Your treatment plan may include physical therapy or occupational therapy with our partners at Dignity Health, Yavapai Regional Medical Center (YRMC) or the following



healing therapies provided by our physiatry team:

- Ultrasound and fluoroscopic guided injections for the spine
- Ultrasound guided injections for the joints and tendons
- Regenerative prolotherapy for joint and muscle pain
- Myofascial pain and neuropathy/neuralgia treatments
- Nerve blocks and nerve testing with electromyography (EMG)
- Serial casting, splinting, and bracing to gradually improve range of motion
- Botox treatments for chronic migraines, post-stroke spasticity and cervical dystonia

Get started on your healing journey.

Speak to your physician about Dignity Health, Yavapai Regional Medical Group, Neurosurgical Medicine and Physiatry or contact us at **(928) 445-4818** to schedule an appointment.