

YRMC Offers High-Tech, Soft-Touch Mammograms

Quad city residents now have access to digital mammography at Yavapai Regional Medical Center. Located on YRMC's West Campus, this breast cancer screening and diagnostic tool delivers sharp images within seconds and now does so in greater comfort with the MammoPad®.

Digital mammography saves lives, saves time and also saves patients' discomfort. With digital mammography, images appear within seconds on the technologist's monitor. Because there is no waiting for film to develop, the process is speedier for patients than standard mammography and significantly reduces the need for repeat exams due to under or over exposure. Digital mammography is recorded in computer code, rather than on film, allowing radiologists to sharpen images for clarity in specific areas.

YRMC's high-tech mammography also incorporates the MammoPad, which is a single-use foam cushion allowing for a softer, warmer examination. The cushion is "invisible" to x-rays and does not interfere with the image quality of the mammogram. Additionally, when the MammoPad was used, the studies showed an increase in the amount of tissue included in the mammogram image.

YRMC Joins Other "Pink Ribbon Facilities" to Promote Early Detection of Breast Cancer

YRMC has joined hospitals and medical facilities from across the country designated as Pink Ribbon Facilities. These organizations have demonstrated their commitment to fighting breast cancer by focusing on their mammography services and promoting early detection of breast cancer.

According to the National Cancer Institute, breast cancer is the second leading cause of cancer deaths in women, exceeded only by lung cancer. Additionally, one in eight women will develop breast cancer during her lifetime. The stage at which breast cancer is detected influences a woman's chance of survival. If detected early, the five-year survival rate is 97 percent. Yet, nearly 40 percent of American women do not get annual mammograms. Discomfort is one of the main reasons that many women do not seek regular screenings. YRMC is now offering a more comfortable and faster experience for women. It's our hope that more women will pursue mammograms because of these enhancements.

YRMC joins Prescott Medical Imaging (PMI) in offering digital mammography in the quad cities. PMI is a cooperative effort of Prescott Radiology and YRMC.

For more information about digital mammography, contact YRMC's Imaging Services at **(928) 771-5140**. To schedule an exam, contact YRMC's Central Scheduling at **(928)759-5860**.