

Local Agencies/ Organizations to Hold Free Training at Mass CPR Training Event

Local organizations from the Prescott area will be hosting a free CPR training event in Prescott Valley on Monday October 25, 2010. The event will be held at Tim's Toyota Center, 3201 N. Main St. in Prescott Valley. The event will include 3 separate class times: 10:30am, 12:00pm, and 1:30pm, each lasting only 20-30 minutes. Over 600 total mannequins will be available for training at each class and plenty of instructors and helpers will be on hand to help class participants.

The training being delivered at the event will be "Hands-Only CPR." This newer technique of CPR does not require a certification and focuses on continuous, effective chest compressions. There is no "mouth-to-mouth" used with this method and no ratios or numbers to remember. This new technique has been used throughout the State of Arizona over the last few years and has shown to improve survival rates, nearly 2 times as compared to the standard CPR technique.

The Prescott Valley event will be part of a Nation-wide effort called, "CPR Across America." CPR Across America will start in Arizona the month of October with 500 donated CPR mannequins travelling throughout the State for different mass-CPR training events each day. The mannequins will make their way across the State through the first week of November and then head to Las Vegas, NV for similar events. After Las Vegas, the mannequins will make their way to San Diego, CA where they will be used for a CPR training event on the deck of the USS Midway on December 5. This coincides with a National conference for CPR training and other emergency medical techniques being held in San Diego that week. After San Diego, the mannequins will travel to the Midwest for the second leg of a 2-year journey.

The ultimate goal of CPR Across America is for communities throughout the Country to have 10% of their populations trained in "Hands-Only CPR." The result of that will hopefully be more people willing to do CPR and in turn, save more lives.

The Prescott Valley event is being put together and supported by Yavapai Regional Medical Center, Yavapai College, Central Yavapai Fire District, Life Line Ambulance, Prescott Fire Department, Chino Valley Fire District, Omniflight/Native Air, and being hosted by Tim's Toyota Center. All Tri-City area citizens are encouraged to attend this great event. We also encourage area employers and businesses to send employees to participate in the classes and take advantage of this opportunity as well. There will be much more information to come in the following weeks.

If you have any questions regarding the "CPR Across America Event," please contact Captain Brad Davis at Central Yavapai Fire District, 928-772-7711 bdavis@centrallyavapaifire.org or you can visit: <http://www.cpracrossamerica.org>.

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